

Guide to your



Your Name:

Your Collection Day:



CONTACT:



OPENING HOURS:



Mon:
Tues:
Wed:
Thurs:

Fri:
Sat:
Sun:

LOCATION:



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About the Webster-pak[®]

*Helping you get the right dose,
at the right time*

Managing multiple medications can be complex and overwhelming, with potential negative impacts on your health if not managed correctly. That's why our pharmacists are here to make sure you feel confident using your new Webster-pak medication pack.

Your Webster-pak will provide a simple way of ensuring that all your medications are taken correctly and in accordance with the doctor's orders. We will contact your doctor if we have any questions about your medications – your safety is our priority.

Each Webster-pak contains medication for one week, and is arranged into 4 columns and 7 rows:

- **One column for each dosage time:** Breakfast, Lunch, Dinner & Bedtime
- **One row for each day of the week:** Monday to Sunday



This makes it simple for you to see if you have already taken your medication for a certain time of the day.

What do I need to do?

You will still need to visit your doctor to collect your prescriptions and bring them into the pharmacy so we can prepare your Webster-pak for you. It is important to notify us if your doctor changes any of your medications, so that your Webster-pak can be updated promptly.

Please have your doctor provide these changes in writing (eg: a new prescription, medication summary or via your PocketProfile™). If our staff have provided you with a blue plastic folder, you will need to return this to your pharmacist when collecting your new pack.



Instructions for use – Webster-pak[®]

It's easy to remove your medication from a Webster-pak. If you have any questions about your Webster-pak or the medications you are taking, please speak to our friendly pharmacists or your doctor.



1 Select the blister for the correct day and dosage time e.g. Monday, breakfast.



2 Use the ergonomically designed Webstercare Pil-Bob[®] to remove your medicines. This is ideal for someone with manual dexterity issues such as arthritis. Use the serrated tip to pierce and remove pills into the cup, avoiding spillage.



or
If a Pil-Bob is unavailable, manually push the contents of the blister through the foil backing. You may support the Webster-pak on a cup or bowl to make it easier. This also helps to ensure none of the medications are spilled.



3 Continue taking your medications at each dosage time going from left to right across the pack, and from top to bottom following the times of the day and the days of the week (if you didn't start from the top initially return to the top to continue for the remainder of the week).

Webster-pak[®] Accessories

We also offer a range of Webster-pak accessories to aid in managing your medication needs

Pil-Bob[®]

Easily get the pills out without spillage!

Use the ergonomically designed Webstercare Pil-Bob to remove your medicines. This is ideal for someone with manual dexterity issues such as arthritis. Use the serrated tip to pierce and remove pills into the cup, avoiding spillage.



Webster-pak[®] Magnet

Keep in sight and never miss a dose

We all visit our fridge multiple times a day. You can hang your Webster-pak on the fridge using a Webster-pak fridge magnet to act as a visual reminder to take your medications.



Webster-pak® Accessories

PocketProfile™

A portable medicines list for your wallet!

Save vital time in an emergency, with crucial medication information in your pocket. We can provide you with a printed card that lists all the medications you are currently taking.

Your GP can communicate any medication dosage changes with your pharmacist, by writing directly onto the PocketProfile. It's small enough to fit in your wallet, and can be easily accessed during specialist appointments, holidays or emergencies.



To find out more, or learn about our other handy Webster-pak accessories, ask one of our friendly pharmacists today!

FAQ's

What if there are more than 4 doses a day?

More than 4 dosage times can easily be handled using a second pack.

What if I need an extra Webster-pak?

If you are heading away on holidays and require more medication packs than usual, please let us know at least beforehand so that we can have these prepared for you. You will need to ensure you have enough prescription repeats left to fill your pack for this duration.

My hands are not what they used to be. Will I be able to get my medication out of the blisters?

If you have strength or dexterity issues, you can use a Pil-Bob to help get your medications out. This device helps pierce the back of your Webster-pak and allows the medications to fall into the cup, instead of accidentally being dropped.

Can I take my Webster-pak overseas?

Yes, however please also take a copy of your prescriptions, and/or a care plan from your GP that identifies all the medication in the Webster-pak. You should ensure that all medications, even those that don't require a prescription in Australia are on the doctor's care plan. This includes medications not packed in your Webster-pak (such as liquids or inhalers).

The photo on your Webster-pak will match your identification on your passport, giving you that extra verification and assurance when travelling through customs with your medications.

Note: Please check with your pharmacist and any relevant embassy, high commission or consulate to ensure the medicine is legal in the country you are travelling to. For assistance, you can visit

tga.gov.au/travelers-visitors or phone the Australian Department of Health, TGA on **1800 020 653**.

Please speak to your friendly pharmacist if you have any further questions.

Find out more about the Webster-pak range at: www.webstercare.com.au